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Spc. John Warlick (left) and Spc. Devin McClain, both with Headquarters and Headquarters Battalion, 25th ID, and currently on detail to the Lightning Athlete Warrior Facility, run sprints with a weighted sled as part of a specific workout plan created to improve a Soldier's physical fitness and combat readiness, April 3.

# Warrior Support's Hill receives Soldier's Medal

Story and photo by SGT. DANIEL JOHNSON

2nd Stryker Brigade Combat Team Public Affairs 25th Infantry Division

SCHOFIELD BARRACKS — "There was smoke everywhere. I saw the flames, and I was kind of scared to go upstairs. When I heard her voice, I just rushed upstairs, grabbed her and then fireman carried her outside."

Sgt. Arron Hill, motor transport operator, 225th Brigade Support Battalion, 2nd Stryker Brigade Combat Team, 25th Infantry Division, was awarded the Soldier's Medal, April 15, at the post chapel, here, for heroism demonstrated at great personal risk while assigned to the 416th Transportation Company, Hunter Army Air Field, Savannah, Ga., last year.

"Lam grateful that L was with 13 white and red stripes."

"I am grateful that I was able to assist and render aide

when it was needed," said Hill, addressing a crowded chapel as he stood before his wife Deneedra and their three children: Delaya, 9; Denise, 6; and 7-month-old Arron Jr.

Selfless service is a core value in the Army. Hill demonstrated this quality by risking his own life to save that of another.

"When Sgt. Hill rushed into that burning house that day, he could not have possibly known that the end would be favorable for him or his neighbor," said Lt. Col. Michael Titus, commander of the 225th BSB, 2nd SBCT. "But, he rushed in anyway."

Titus said that for Hill, Army Values are not just words on a plastic dog tag, not just a cool acronym that spells leadership. Hill was honored because he is an example of what all Sol-

diers strive to be.

"I am humbled by this ceremony," said Hill. "I ap-

preciate the award. However, I feel that I was only doing what any other person would have done."

The Soldier's Medal was established by an act of Congress, July 2, 1926,

to be awarded to members of the armed forces who distinguished themselves by heroism not involving actual conflict with an enemy.



Sgt. Arron Hill (right), motor transport operator, 225th BSB, 2nd SBCT, 25th ID, receives the Soldier's Medal from Maj. Gen. Kurt Fuller, commander, 25th ID, during a presentation at the Schofield Barracks Post Chapel, April 15. The Soldier's Medal is awarded to Soldiers who risk their lives under conditions not involving conflict with an armed enemy and is the highest honor for an act of valor outside of combat.



Sgt. 1st Class Kindu Delaleu (left) and Staff Sgt. Vernon Hartnett, both with Operations Company, Contingency Command Post, Headquarters and Headquarters Battalion, U.S. Army-Pacific, measure and weigh a Humvee to prepare the vehicle for deployment during a deployment exercise, April 11. Soldiers routinely conduct deployment exercises to ensure their equipment is mission-capable and ready to deploy.

# DEPEX readies Contingency CP for self-sufficient deployments

Story and photo by
STAFF SGT. RICHARD COLLETTA
U.S. Army-Pacific Contingency Command Post
Public Affairs Office

FORT SHAFTER — U.S. Army-Pacific Contingency Command Post Soldiers need to be ready to deploy at a moment's notice to anywhere in the Pacific and be prepared for logistical movements and self-reliance.

For these reasons, USARPAC Headquarters and Headquarters Battalion and CCP Soldiers participated in a deployment exercise (DEPEX), April 11.

CCP Soldiers are prepared to support a variety of missions, including humanitarian assistance and disaster relief, civil-military coordination, non-combatant evacuation and peace operations.

It is a 96-person organization that can perform the same functions as a theater-army head-quarters to establish initial operating capabilities.

As CCP Soldiers prepare to deploy, HHB Soldiers assist in the deployment process by ensuring that their equipment is ready to roll out with them.

Staff Sgt. Vernon Hartnett, HHB transportation noncommissioned officer, Headquarters Service Company and exercise NCO in charge, said exercises like this one are important for the CCP, so it is prepared to deploy anywhere within the Pacific within 96 hours, and to ensure familiarization with the process, so the unit can redeploy without battalion support.

"It helps the CCP maintain their self-sufficiency, so they don't have to rely on outside elements (at least on the return trip), and it helps the battalion because it exercises skills we don't use on a day-to-day basis," Hartnett said.

During the DEPEX, vehicles and equipment moved through eight stations, including maintenance inspection, blocking and bracing of vehicle cargo, fueling/defueling, hazardous material inspection, "frustrated" load management, weight and center balancing, and final inspection and convoy staging. These are exactly the same stations that Soldiers will maneuver during a real deployment.

Staff Sgt. David Blankenship, senior mechanic, HHB, explained the importance of the maintenance inspections and his role in ensuring that CCP vehicles are ready to deploy.

"We go over 57 points on the equipment to ensure there's no leaks or damage or other issues, and if there are any issues, we fix them as quickly as possible. That way we're 100 percent mission capable," he said.

See CCP A-6

### Sequestration | A-3

Army VCS warns of impact of budget cuts.

#### Women in combat | A-4

A personal account by a female intelligence officer in a pilot combat arms program.



#### Keiki clean up | B-1

Hale Kula 2nd graders pick up trash at North Shore park.



#### May Day is Lei Day | B-3

A global tradition is done in a uniquely Hawaiian fashion.



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The HAW is printed by the Honolulu Star-Advertiser, a private firm in no way connected with the U.S. Govt., under exclusive written agreement with U.S. Army, Hawaii.

The HAW is published weekly using the offset method of reproduction and has a printed circulation of 15,300. Everything advertised herein shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

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www.hawaiiarmyweekly.com Nondelivery or distribution 656-3155 or 656-3156

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Donna Klapakis, 656-6420

## DPW releases area water quality reports

ENVIRONMENTAL DIVISION

Directorate of Public Works U.S. Army Garrison-Hawaii

Annual water quality reports for U.S. Army Garrison-Hawaii water systems are now available for review on the USAG-HI Sustainability and Environmental Man-

USAG-HI's Directorate of Public Works (DPW) operates four water systems: Aliamanu, Fort Shafter, Schofield and Tripler.

The Aliamanu report includes both the Aliamanu and Red Hill Housing areas. The Schofield report includes Schofield Barracks, Wheeler Army Airfield and Helemano Military Reservation.

Since 1999, the U.S. Environmental Protection Agency has required public water suppliers to provide an-

reports are designed to educate the public on the origin of drinking water and provide water quality information for the previous year.

In Hawaii, the primary drinking water supply comes from underground aquifers fed by rainfall. Naturally occurring minerals, radioactive material and other substances resulting from animal or human activity may be dissolved by the rainfall and percolate into the aquifers. The EPA sets limits on the amount of such contaminants present in drinking water, and DPW monitors the drinking water to help ensure that no contaminant level is exceeded.

DPW works hard to provide Soldiers, families and employees with the highest water quality possible. It encourages residents and workers to look at the report

nual water quality reports to their water users. These for the installation where they live and/or work.

If you have any questions about the reports or would like to request a hard copy, contact DPW's Environmental Division at 656-3104 or 656-2878.

#### **Annual Water Quality Reports**

Review the reports online at these locations: Aliamanu, www.garrison.hawaii.army.mil/ sustainability/Documents/DW/AMR.pdf;

•Fort Shafter, www.garrison.hawaii.army.mil /sustainability/Documents/DW/FS.pdf;

·Schofield, www.garrison.hawaii.army.mil/ sustainability/Documents/DW/SB.pdf; and

www.garrison.hawaii.army.mil/ Tripler, sustainability/Documents/DW/TAMC.pdf.

#### BACKTOBASICS

## Mentoring must be a priority

1ST SGT. KAI YAUN

441st Military Intelligence Battalion 500th MI Brigade

Our Army has been at war for more than a decade.

With that, we have a large group of noncommissioned officers with more combat experience than many previous generations. However, for many of

them, that combat experience means they don't possess the technical expertise or knowledge to mentor young Soldiers in a garrison environment.

Routine pre-9/11 tasks and activities, such as daily uniform, barracks and equipment inspections, and drill and ceremonies, have become a lost art of sort.

Many of us, as leaders, accepted this loss for years, and as a result, we have NCOs who are able to complete numerous missions and tasks within or beyond their prescribed military occupational skill, but they lack the basic subordinate developments

All Soldiers learned the Army Values and the acronym LDRSHIP for loyalty, duty, respect, selfless service, honor, integrity and personal courage, but how many Soldiers understand what each truly means and lives by them on a daily basis?

How many leaders use the Army Values in developmentally counseling their subordinates? How many raters and NCOs actually discuss part IV, Army Values, on the NCO evaluation report (DA Form 2166-8), instead of just ticking the seven blocks and completing the three required bullets?

With diminishing resources, it's more important than ever to ensure our senior leaders mentor, coach and teach the future leaders of the Army.

With the qualitative management program, qual-

itative service program and retirements, we may lose critical skill sets developed over decades that our future leaders must know and learn.

Leaders of tomorrow must understand being an Army leader goes beyond counseling Soldiers. They must truly know how to care for Soldiers.

Leaders assume the roles of financial, marriage and education counselors, along with a multitude of other responsibilities. Leaders not only live Army Values; they also adhere to the Creed of the NCO and must be able to say, "I know my Soldiers and will always place their needs above my own."

The junior NCO mentorship process must be a priority for all levels within the Army. The standards must be returned, or the next generation of senior NCOs may lack the overall knowledge and skills to lead Soldiers.

The 441st Military Intelligence Battalion's command sergeant major currently holds Monday morning huddles for all of our NCOs that normally last less than 30 minutes. It's the senior enlisted leader's way of providing information for our NCOs, and for the NCOs to interact with him.

New sergeants learn how operations work with their command sergeant major and companies to ensure each tasking is assigned to the best-qualified person or team to accomplish.

They also learn the importance of administrative actions, how late submissions can hinder or delay someone's career and how simple mistakes may put someone's career on hold.

At the company level, we are focusing on counseling. Platoon sergeants ensure junior Soldiers are counseled to standard on a monthly basis. Platoon sergeants inspect counseling packets and provide individual mentorship to NCOs who don't counsel their Soldiers correctly.

Junior Soldiers are taught to demand counseling from senior NCOs. They understand if they want to advance in their career, they can't wait for the last day of the month to receive a rushed, substandard



Why does the Hawaii Army Weekly publish courts-martial findings?

The Office of the Staff Judge Advocate releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.

### SJA posts CM results

The Office of the Staff Judge Advocate, 8th Theater Sustainment Command, publishes the results of the following recent courts-martial.

•A sergeant from 540th Quartermaster Company, 524th Combat Sustainment Support Battalion, 45th Sust. Brigade, was found guilty of one specification of Article 120, aggravated sexual assault; three specifications of Article 90, willfully disobeying a superior commissioned officer for violations of a no contact order with the victim; and one specification of Article 134, adultery.

The sergeant was sentenced to be reduced to E-1, confined for seven years, to forfeit all pay and allowances and to a dishonorable discharge.

If the commanding general approves the findings, the Soldier will be required to register as a sex

•A sergeant first class from Headquarters and Headquarters Company, 322nd Civil Affairs Bde., Fort Shafter, was found guilty of two specifications of Article 107, false official statement, for submitting a false noncommissioned officer evaluation report and body fat content worksheet.

She was sentenced to reduction to the grade of E-5 and hard labor for 45 days.

•A staff sergeant from U.S. Pacific Command pled guilty to two specifications of Article 120, aggravated sexual assault of a child under 16 years of age and abusive sexual contact of a child under 16 years of age.

The staff sergeant was sentenced to reduction to the grade of E-1, confinement for five years and a bad conduct discharge.

If the commanding general approves the findings, the Soldier will be required to register as a sex

•A specialist from 82nd Engineer Co., 65th Eng. Bn. (Combat Effects), 130th Eng. Bde., Schofield Barracks, was found guilty of one specification of Article 134, communicating a threat; one specification of Article 92, failure to obey an order or regulation; one specification of Article 120b, lewd act with a child; and one specification of Article 128, assault consummat-

ed by a battery upon a child under 16 years of age. The specialist was sentenced to be reduced to E-1, confined for six months and a bad conduct discharge.

If the commanding general approves the findings, the Soldier will be required to register as a sex

•A specialist from 643rd Eng. Co., 84th Eng. Bn. (Construction Effects), 130th Eng. Bde., Schofield Barracks, was found guilty of two specifications of Article 128, assault consummated by a battery and assault consummated by a battery upon a child under 16 years of age.

The specialist was sentenced to be reduced to E-1 and to confinement for 15 months.

•A private (E-2) from HH Battery, 94th Army Air and Missile Defense Command, Fort Shafter, was found guilty of one specification of Article 128, assault consummated by a battery, and one specification of Article 134, child endangerment.

The specialist was sentenced to confinement for 12 months and a bad conduct discharge.

In addition to forfeiture of pay (either adjudged or by operation of law), confinement and a punitive discharge, these Soldiers will also have a federal conviction that they must report when filling out a job ap-

A federal conviction strips the Soldiers of many rights, such as the right to purchase and maintain firearms and the right to vote.

## FTSTEPS in FAITH

## My father passed on three values

CHAPLAIN (LT. COL.) LAYDEN COLBY U.S. Army Pacific Command

At 80 years old, my father is still going strong, for the most part.

Though he stoops over when he stands, shuffles when he walks and can't hear much even with hearing aids, he has a sense of presence.

People listen when he speaks.



Of course, growing up in his household meant that I had to learn to listen when he spoke - sometimes the hard way! I wasn't always quick to obey and didn't always think he was particularly smart about some things, but now that I am older and seeing the next generation come into their own, I realize there are some values my dad passed on to me that I want to pass on.

The first value is integrity. My father put it this way: Your word is your bond. If we make a promise to do anything, then we should do it, simple as that.

Of course, sometimes things come up making it near impossible to keep the promise. But those occasions require two things: We need to let whomever we promised know of the difficulty, and we need to give a recommendation or a solution that will make up for the inability to keep the promise. That

way, we keep our word and our integrity.

The second value is to provide an honest day's labor for a full day's wage. My father would say it like this: "Son, there is clean dirt and dirty dirt. When you come in from work and you are covered with grease or mud or blood, because that's what it took to get the job done, that's clean dirt. On the other hand, if you cheat your boss or a customer or skimp from doing your very best, then you are covered with dirty dirt, no matter how sweet you may smell."

A third value I would pass on is to stand up for yourself. My father would often tell me to honor who I was and what I had to contribute - even if it meant ridicule or isolation. Many people's natural tendency is to try to not stand out, hide in the background and not get noticed. These are common misconceptions, even in the Army, where we hear: "Never volunteer for anything."

But we need to volunteer to be ourselves and to stand up for what we believe in. If we allow ourselves to be pushed around, to allow other people to do our thinking for us or hide from a fight, we become less. Each life is unique with unique insight and a way of living by that insight. God has set up all life that way so that we all have a chance to make something of the conditions set before us.

Let's not wait until our parents are 80 years old to realize how precious life is.

(Editor's note: Colby is the deputy chaplain at USARPAC's Chaplain Office.)

Cinco de Mayo is May 5.

"How do you celebrate Cinco de Mayo?"

Photos by 500th Military Intelligence Brigade Public Affairs



cue and celebrate with family.'

'Have a barbe-



cue, spend time with family and go over Mexican history."

"I have a barbe-

Spc. Jonathan Guerra Signals intelligence analyst, Co. B, 715th MI Bn., 500th MI Bde



Staff Sgt. Angel

HHD, 500th MI Bde.

"A festive motor-



"Mexican food



"House party!"

Sgt. Hayeley Neace Signals collector/ analyst, HHD, 500th MI Bde

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## Vice chief says sequestration will affect readiness

NICK SIMEONE

American Forces Press Service

WASHINGTON — The four branches of the military delivered another warning to Congress, April 18, that a prolonged budget sequester will significantly affect military readiness, and in the case of the Army, will leave it unable to carry out defense strategy.

The service vice chiefs emphasized that message repeatedly during a Senate Armed Services Committee's readiness subcommittee hearing on the state of military readiness in light of the \$41 billion spending cut the Defense Department is absorbing over the rest of the fiscal year, triggered by the budget sequester that took effect in March.

"The reality is that if sequestration continues as it is ... the Army simply will not have the resources to support the current defense strategic guidance, and we risk becoming a hollow force," Gen. John Campbell, Army vice chief of staff,

tootific d

The Army is the largest of the four branches, and it is affected the most by the budget sequester — curtailing training for most ground forces and cancelling exercises to cope with a \$6 billion shortfall in its operations and main-

tenance account, which will risk the service's ability to reset itself after 12 years of war, Campbell said.

"We cannot afford, from a national security perspective, an Army that is unable to deploy, fight and win our nation's wars," he added. Adm. Mark Ferguson III, vice chief of naval

operations, said the Navy is feeling the shortfall in everything from the ability to maintain readiness to the capability to respond to a world crisis.

"By the end of this fiscal year, two-thirds of

our non-deployed ships and aviation squadrons will be less than fully capable and not certified for major combat operations," he said, adding that deployments have been delayed or cancelled, and that in some cases, ship tours have been prolonged.

If sequester cuts set to take effect are not reversed, he said, the Navy would be prevented from meeting combatant commanders' requirements.

Gen. John Paxton Jr., assistant commandant of

the Marine Corps, warned the senators that the effects of the budget sequester will be "serious, prolonged and difficult to quickly reverse or repair," calling the impact on training and readiness an issue that keeps him awake at night.

"There's a lot of unease and unrest and potential danger elsewhere around the world that you expect your Soldiers, your Sailors, your Airmen, your Marines to be ready for," he said. "I worry less about a hollow force than I do about partic-

our non-deployed ships and aviation squadrons ularly broken units you won't see until it's in the will be less than fully capable and not certified for rear view mirror."

Gen. Larry Spencer, the Air Force's vice chief of staff, told lawmakers sequestration has forced the cancellation of flying hours, the stand-down of nine fighter squadrons and three bomber squadrons — all of which are dealing a direct blow to readiness.

"Allowing the Air Force to slip to a lower state of readiness ... will negate the essential strategic advantage of air power and put the joint forces at increased risk," he said.

Campbell said if the prolonged budget uncertainty continues, a point may come when the nation's leaders are unable to ask any more of the military

"The problem we have is we never say no," he said. "And at some point, we're going to have to tell you, 'We can't do that. We can't continue to do more with less, or else we're going to put (service members') lives at risk.'"

## 196th MTT prepares engineers for combat lifesaving tasks

Story and photo by **SGT. 1ST CLASS TYSON BYRAM** Support Battalion, 196th Infantry Brigade

SCHOFIELD BARRACKS — Over a four-day period, recently, Support Battalion, 196th Infantry Brigade, conducted mobilization training for the 955th Engineer Detachment for its deployment to Operation Enduring Freedom.

The 196th Medical Training Team provided combat lifesaver training for the engineers, culminating in a test in the form of combat trauma lanes and a 1.5 kilometer litter obstacle course.

For the trauma lanes, the teams had multiple simulated casualties to treat while moving through the confidence course at East Range, here. The realistic mock casualties received moulage, or special effects injury make-up, using state of the art training aids to simulate venous and arterial bleeding, among other simulated combat trauma injuries.

During the treatment and evacuation, teams encountered multiple enemy scenarios, including near and far ambush, improvised explosive device attacks and indirect fire attacks. The training focused on building cohesion at the squad and team levels, instilling confidence in medical treatment skills learned and improving on troop leading procedures.

Once through the trauma lanes, the engineers



Soldiers from 955th Eng. Det,, 9th MSC, crawl under an obstacle during mobilization training, held by Support Battalion, 196th Inf. Bde., in preparation for deployment to Operation Enduring Freedom, recently.

were confronted with a casualty on a litter who needed to be moved to a designated evacuation site. They had to use proper litter carry com-

mands while reacting to enemy engagements, moving through various obstacles and preventing their casualty from further harm.

Because of the training, the 14-member engineer team now has the potential to save lives while deployed in combat.

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## As barriers get broken, missions get accomplished

**1ST LT. JISUN JUNG** 

1st Battalion, 14th Infantry Regiment 2nd Stryker Brigade Combat Team 25th Infantry Division

SCHOFIELD BARRACKS — The role of female Soldiers in the Army is changing.

The number of women serving in the Army has steadily increased throughout our

Today, roughly 140,000 women have taken the oath to defend the Constitution of the U.S. against all enemies as an American Soldier. In 2012, combat arms units became available

for women to serve in, and with change, come

In May 2012, I was assigned to an infantry battalion as a tactical intelligence officer for a pilot program designed to integrate women into combat arms battalions. The intent was to bring greater opportunities for both female Soldiers

One of the greatest lessons I learned from this experience is that change doesn't simply encompass the change in a unit culture, but also the

When I was informed that I would be assigned to an infantry battalion, my initial thought was well, I guess I need to start running more. I had preconceived notions that I would be judged before I arrived, that they'd already have an impression of me before even knowing me as a Soldier.



Reflecting back, there were negative expectations on both sides, putting a wall between my future infantry unit and me. It wasn't until I was fully integrated into the unit that the wall came

The bottom line is, you don't know what you don't know. You just have to see it and experience it for yourself.

Evolution doesn't happen overnight. The infantry, above all, understands survival of the fittest. By realizing that the battalion expected

needed to quickly evolve in order to run with

Being one of eight females among 900 Soldiers definitely made me stand out. I knew I had to fit in, not just be an attachment to the unit or a trial run. I was insecure that with the high visibility, any action I took would be crucial to my future success.

Having that extra pressure afforded me increased motivation to excel. During this last year, through mentorship, leadership and cohesion with my Soldiers, we developed a strong team to be a fully mission-capable intelligence warfighting function.

Other females say that being in 1st Battalion, 14th Infantry Regiment, 2nd Stryker Brigade Combat Team, 25th Infantry Division, has helped mature and develop our unit as a whole. This unit is more than a standard, one-dimensional infantry battalion. It's a mission-accomplishing team with a dynamic array of leaders and innovative thinkers.

Additionally, female Soldiers are given the

Soldiers to be physically and mentally tough, I opportunity to work alongside infantrymen and see exactly how we can support them better. Effectively, this integration has been a success for me and for my battalion.

To further our unit's growth, our battalion honored female veterans for Women's History Month, in March. Having the opportunity to be the officer in charge of the celebration helped me learn how much women have contributed to the military and our country.

This overall humbling experience increased my confidence as a Soldier, a woman and as a more dynamic and experienced leader. I am proud to stand out as a woman in this unit, to allow the next generation of female Soldiers to be confident that they too can be accepted based on performance and not on gender.

I'm optimistic that women will someday wear infantry blue colors, proudly display their Ranger tab and excel alongside their brothers in

I hope to be there, standing with them in PT formation, wearing my neon pink running

## Warrior Brigade exercises its staff on conventional warfare

Story and photo by STAFF SGT. SEAN EVERETTE

2nd Stryker Brigade Combat Team Public Affairs 25th Infantry Division

SCHOFIELD BARRACKS — Staff with the 2nd Stryker Brigade Combat Team, "Warriors," 25th Infantry Division, spent April 15-18 entrenched in the Mission Training Complex, here, exercising mental muscles that have seen little use in the past decade of fighting two unconventional wars.

The Warrior Brigade was exercising the planning process it would go through if the U.S. were to enter a conventional war.

We've been running the staff through the Military Decision-Making Process, so they can get a practice rep on a mission that we haven't done before — a conventional fight," said Maj. Paul Oh, 2nd SBCT intelligence officer and exercise lead. "For the past decade or so, we've been involved in counterinsurgency operations, and we, as a staff, and the Army in general, have not been able to exercise conducting a planning process for a more conventional enemy.'

Oh said that with the 25th Infantry Division's refocusing on Pacific operations, the brigade is using this exercise as a chance to reorient the



Maj. Chris Hammonds (second from left), operations officer, 2nd SBCT, 25th ID, briefs members of the brigade staff during the staff exercise held at the Schofield Barrack Mission Training Complex, April 15-18. (Editor's note: This photograph was altered from its original form to blur portions for security.)

staff and dust the cobwebs off a different style of

"As a brigade, we don't know what our next

war is going to be," he said. "In our minds, the hardest problem set to solve is against a conventional enemy with a force structure that can have a negative impact on our combat power. So, what we decided to do was practice that."

It's important to plan against the most difficult problem set so that the staff would have a repetition on effectively conducting a conventional planning process if the situation ever arose in the real world, Oh added.

The exercise also has the dual purpose of getting the brigade ready for upcoming exercises.

'In division's glide path, you have a command post exercise in June, and you also have a major warfighting exercise in August," Oh said. "Our brigade will be involved in those exercises. This is another opportunity to practice our craft before we get to those exercises."

Many of 2nd SBCT's primary staff have switched around in the past few months, so the brigade also took this opportunity to forge itself into a cohesive team.

"It's been a good opportunity to learn about each other," said Oh, "(about) how we work with each other, learn our strengths and weaknesses, and see how we can work together to form a stronger staff. ...We can plan an order that will eventually have to be executed by Soldiers at the



Lt. Gen. Francis Wiercinsk, commander, USARPAC, presents the Team Excellence Award to Michelle Mansker (center) and Kapua Kawelo (right), both from U.S. Army Garrison-Hawaii's Directorate of Public Works, as part of the Civilian Recognition Award Ceremony, held at the Hale Ikena, April 17.

## **USARPAC** recognizes civs

#### Story and photo by SGT. CHRIS HUDDLESTON

U.S. Army-Pacific Public Affairs FORT SHAFTER — U.S. Army Pacific held its

annual Army Civilian Recognition award ceremony, April 17, at the Hale Ikena, here.

"Today, we get to honor several tremendous civilian employees," said event host Lt. Gen Francis Wiercinski, commander, USARPAC. "These men and women have been singled out by their peers, not their supervisors, as having done a great job."

Wiercinski recognized civilian employees for excellence in several categories.

The team excellence award went to Michelle Mansker and Kapua Kawelo from the Oahu Army Natural Resource Program team in U.S. Army Garrison-Hawaii's Directorate of Public Works.

The final recognition category was for a heroic act by firefighter James Guenthoer, USAG-Pohakuloa, on the island of Hawaii. Guenthoer was responsible for single-handedly fighting a vehicle fire adjacent to a structure in Waikea Uka, his community in Hilo.

"We could not have done what we've done for the last 12 years without our civilian workforce. I saw things in combat downrange, in places like Afghan and Iraq, in caves and places where I would look and see a civilian and say 'how in the world did you get here?' But they are there with us day and night in peace and in war," said Wiercinski.

"To all our honorees and to our entire civilian workforce, thank you for what you do for us every single day," he continued. "We don't say it

#### **Civilian Recognition**

- Professional: Shelly Matautia, US-ARPAC communications
- Trades and Crafts: Gareth Hashimoto, • Administrative Support: Charlene Rice-
- Moses, USARPAC Supply
- Supervisor/Manager/Leader: Gayle Takiguchi, USARPAC G8
- Emerging Leader of the Year: Cary Ul-
- man, USAG-Pohakuloa

#### **Unsung Heroes**

- •Mary Lou Amos, USARPAC Personnel Maureen Casey, USARPAC Supply
- •Kenneth Finchum, 8th Theater Sustainment Command •Dennis Grier, 25th Infantry Division
- •Kelly Jones, U.S. Army Corps of Engi-
- neers-Honolulu District
  - •Bridget Kimura, USARPAC Intelligence
- Crista Mack, 311th Signal Command
- •Dominic Monteleone, USARPAC Com-
- •Timothy Sprintz, Installation Management Command, USAG-Pohakuloa

## 8th TSC NCO nominated for community service

STAFF SGT. GAELEN LOWERS

8th Theater Sustainment Command **Public Affairs** 

FORT SHAFTER — She gives hugs freely and punishes when necessary.

She has a firm hand, but a soft touch. She knows how to delegate authority, but is always ready to step up and handle any situa-

When in need, everyone around knows they can count on Sgt. Phillis White.

Because of what she calls "normal, everyday activities," White was recently nominated for an Outstanding Community Service Award for her constant commitment to the students and teachers at Webling Elementary School, and her dedication to the Soldiers of the 8th Special Troops Battalion, 8th Theater Sustainment Command.



Sgt. Phillis White, 8th STB, 8th TSC, plays with Webling Elementary School students. (Photo by Sgt. Tiffany Fudge, 8th TSC Public Affairs)

To say that White is a mother of two would be an understatement, because her love and caring nature extends far beyond her household. She has served as the unit's volunteer liaison with Webling Elem. School since August 2011, dedicating at least 14 hours per week to creating reading and physical education programs, and coordinating nationallevel fundraising and healthy lifestyle cam-

White has collectively given more than 1,120 hours of her time to the students and teachers. She also encourages more than 20 of her fellow Soldiers and unit leadership to join in the school's partnership program.

"Those kids are very important to me," said White. "I treat them like they were my own and genuinely care for their health, education and well-being. They take care of me as much as I try to take care of them."

White is also the retention noncommissioned officer for the 8th STB, where she advises the careers of more than 300 Soldiers. At any time of day, on duty or off, she makes retention wishes possible by coordinating with local facilities and unit commands.

She dedicates her own personal time to make sure Soldiers receive everything possible when they decide to stay Army Strong.

"My Army family is my second home," said White. "They've been there for me through thick and thin. I make it my mission every single day to get at least one Soldier the things they deserve because they are the heroes I work for."

On top of her career and volunteer hours, White is a single mother of two — Corbin, 14, and Cameron, 10 — who still finds time to help each with their studies and sports programs.

"Life is a full-time job," said White. "But I love every second of it and wouldn't trade any of it for the world. I love my children, my Soldiers and all the kids at the school." White's commitment to the school, as well

as her dedication to the Soldiers in her unit, clearly reflect her personality and dedication to her community. Her genuine care for others is transparent in everything she does, and perhaps more importantly, she has embraced the importance of getting others involved in the community. Whether she knows it or not, she has set

the example for her fellow Soldiers, and her enthusiasm has fostered an incredibly strong relationship between the 8th TSC and Webling Elem. School families.

"I never do anything I do for recognition or rewards. I do what I do because it's the right thing, and because I can see where I can help out and make a difference in someone's life," she said. "Watching someone get what they deserve or live a better life because of something small that I could do is reward enough in my book."



Battalion commanders from the 25th ID conduct exercises from a specific workout plan created during a physical readiness training session held by Maj. Gen Kurt Fuller, commander, 25th ID, at the Lightning Athlete Warrior Facility, April 3.

#### **LAWF:** Center offers total fitness

**CONTINUED FROM A-1** 

strength and flexibility."

Unlike traditional fitness centers, the LAWF has the goal of being an overall physical and nutritional education center. Classes with nutritionists and troop medical clinic physical therapists are planned.

Future center plans include achieving certification from the U.S. Army Combatives School to allow trainers the ability to teach and certify Soldiers in combatives level three.

"We want to be able to create and offer a full package, here, a total warrior package," said Sgt. 1st Class Antoine Jackson, noncommissioned officer in charge at the LAWF. "Soldiers will be able to come here and get help with their daily nutrition from a certified nutritionist, assist in recovering from small injuries with a physical therapist, and also get a complete workout."

The LAWF, located behind the Central Issue Facility across from the Schofield Barracks Cemetery, is open 6 a.m. to 8 p.m. and can accommodate groups from individuals to company-sized groups. The staff encourages Soldiers to take a few minutes to check out the facility and see what they have to offer.

"We want this to be a program that will help our Soldiers survive in combat," said Devins. "No matter what your military occupational specialty, you may encounter situations in combat that will require you to react immediately, and this facility will help strengthen Soldiers for anything they may encounter."

### **CCP:** DEPEX gives 'muscle memory'

CONTINUED FROM A-1

Blankenship also emphasized the importance of the training in preparation for a real-world deployment.

"The more exercises we get will benefit us in the long run. We'll be able to deploy our equipment very fast based on that muscle memory that we build."

Staff Sgt. Anthony Bogan, CCP senior intelligence analyst, said Soldiers of the CCP don't get a chance to exercise these

skills on a daily basis and that the battalion's role in the DEPEX is critically important.

"The battalion's participation is huge in getting us out of the door to foreign countries. This training allows us to get handson because we'll actually redeploy ourselves," said Bogan.

This training ensures that the CCP will be ready to pack up, move out and accomplish its mission, no matter where it is in the Pacific, Bogan added.



Send announcements for Soldiers and civilian employees to community@ hawaiiarmyweekly.com.

#### Today

Military Spouse Career Forum — U.S. Army Garrison-Hawaii and the Army Community Service's Employment Readiness Program sponsor a Military Spouse Career Forum and Career Fair, hosted by local TV personality Bernadette Baraquio of "Living Local," 11: 30 a.m.-2 p.m., April 26, at the Nehelani, Schofield Barracks. Call 655-4788.

POW/MIA Arrival Ceremony — The U.S. Joint POW/MIA Accounting Command hosts an Arrival Ceremony at 9 a.m. in Hangar 19, Joint Base Pearl Harbor-Hickam to honor fallen U.S. service members whose identities remain unknown.

An honor detail comprised of joint military members will escort three flag-draped transfer cases from a U.S. military plane to JPAC's Central Identification Laboratory for analyses.

The remains receiving full military honors represent losses associated with World War II and the Vietnam War and are from recent JPAC recovery activities in Saipan, Vietnam and Laos.

Call 448-1938.

#### 27 / Saturday

National Prescription
Take-Back Initiative — Unused or expired medication can be dangerous, especially in homes with young children.
Turn them in for safe, disposal, 10 a.m.-2 p.m., April 27, at the

Exchange, Schofield Barracks.
Call 541-1930 for other locations.

#### 29 / Monday

Funston Road Closure —
Outbound lanes of Funston
Road near Buckner Gate, Fort
Shafter, will be closed at various
times until May 6. One inbound
lane will remain open at all
times. Expect delays.

Alternatively, use Patch or Patton gates. For up-to-date info, call 835-4229 or visit https://www.facebookcom/usaghawaii.

#### May 10 / Friday

**60th Korean War Commemoration** — Veterans of the Korean War will be recognized at an American Legion ceremony, 11 a.m., Saturday, May 25, at the Oahu Veterans Center, 1298 Kukila Street, Foster Village. However, attending veterans are asked to provide their contact information and T-shirt sizes for shirts and certificates by May 10.

The ceremony takes place Memorial Day weekend in conjunction with the Department of Defense's 60th Korean War anniversary commemoration activities. Call 682-1949.

#### 13 / Monday

Wisser/7th Road Closure
— From 7 a.m.-5 p.m., Wisser
Road and 7th Street, Fort Shafter,
will be closed. Watch for detour
signs and flagmen directing traffic. Call 835-4477.

#### 31 / Friday

**DKO Ends** — Defense Knowledge Online reaches the end of its life. June 1, DKO account holders won't have access. Users must download data before May 31; any remaining data will be deleted. To transfer data, go to https://efs.deps.mil/.

#### **Ongoing**

Santos Dumont Closure
— Portions of Santos Dumont,
between Lauhala and Warhawk
Field roads and Lilienthal Road,
will be fully closed, 24/7, April

25-May 3. Call 656-2420 or 864-7014.

Hewitt Road Closure —
Portions of Hewitt Road, between Trimble and Lyman roads, will be fully closed for road reconstruction. Schedule is subject to change:

•Between Waianae Uka and Lyman Road, closed April 22-May 6 and 9.

•Between Trimble Road and Waianae Uka, May 7-8.

There will no parking along the westbound lane of Waianae Uka, between Floyd and Carpenter streets, April 22-May 9. Call 656-2532.

**Lyman Road Closures** — The Maili motor pool parking lot will be closed, through April 30.

**Menoher Road Parking** 

Lot Closure — Portions of the

parking lot along Menoher Road, between Montague Street and Capron Avenue, will be partially closed, through May 7. Call 655-4938.

Walker Bridge Replacement — The following traffic-pattern changes will be in effect through Oct. 30:

•Walker Drive will be closed from Bldg. 223;

•Walker Bridge will be fully closed;

•One-way traffic pattern on Walker Drive, from Ponciano Drive to Bonney Loop;

•All entry/access to Fort Shafter Elementary School will be through Ponciano Drive only, via Funston Road; and

•Pedestrians and vehicles will not be able to cross over stream.

Shafter Elementary parents will no longer be able to use the parking lot at the Environmental Building. Instead, they may park on the left side of Walker Drive, going up the hill.

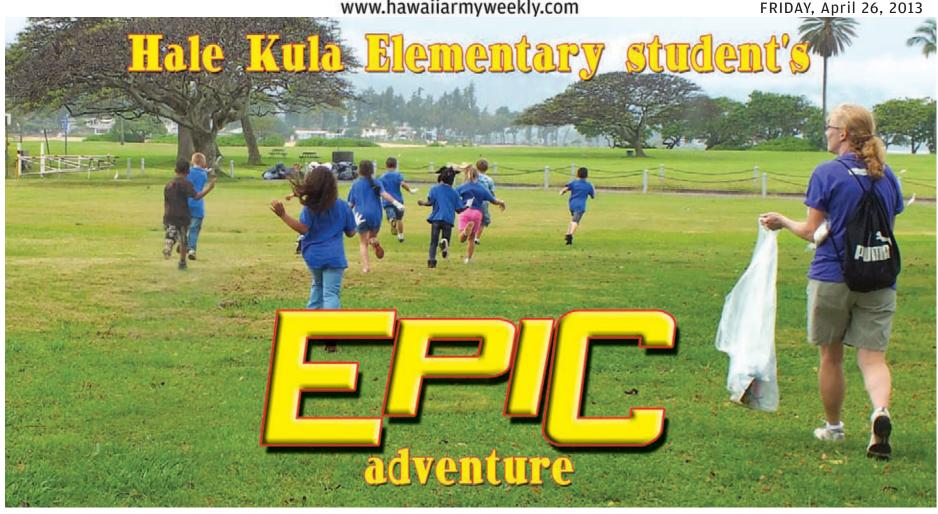
Motorists are advised to expect delays and follow detour signs to adjacent roads. Use caution, especially around children, and observe all signs, traffic control personnel and devices.

Call 835-4242 or 835-4243.

## HAWAI'I ARMY WEEKLY

# "When work is finished."

www.hawaiiarmyweekly.com



Hale Kula Elementary School second-graders celebrate Earth Day with an EPIC field trip to Ali'i Beach Park, Monday, where they help beautify the park with a trash cleanup, explore a police car and fire truck on loan from local service workers, and enjoy shave ice from nearby Matsumoto's. (Photos have been altered from their original form; backg

## Field trip takes learning to an exciting new level

Story and photos by SARAH PACHECO Staff Writer

HALEIWA — Nearly 150 Hale Kula Elementary School second-graders descended onto the sleepy North Shore town of

Haleiwa in the early hours of Monday. Their objective was simple: Clean up Ali'i Beach Park in honor of Earth Day.

"It's important to pick up trash because animals can die," said Harmonie Thomas,

"(Animals) can get sick because they eat the trash because they think it's their food," added classmate Connor Elser, 8. "If a plastic bag was in the ocean, the sea turtle will think it's a jellyfish, and so (the turtle) will eat it and then get sick."

Billed as the classes' EPIC field trip — short for Economics and People In our Community — the day of outdoor service paired with learning was the vision of Hale Kula

teachers Leslie Woods, Cheri Masumoto and Kim Uyehara.

"We were trying to brainstorm an activity for recycling, because that's a big unit for the fourth quarter, and we wanted to brainstorm something that we could do to give back to the community and include the Army," explained

Woods. 'We've been trying to think of a good field trip for many years," added Masumoto. "One day, Mrs. Woods came up to this beach park and saw the sea turtles, and she came up with the idea that we should have a beach cleanup." From there, the teachers reached out to Sgt. Eli Walters of the Honolulu Police

A lifeguard demonstrates how he rescues people who fall into trouble when out in the ocean. Depart-

ment's District 2 (Wahiawa) Community Policing Team, who helped coordinate involvement from local service workers from HPD, the Honolulu Fire Department and Emer-

> gency Medical Services, as well as lifeguards from the City and County of Honolulu's Ocean Safety and Lifeguard Services.

> > Sgt. Thomas Calhoun, patrol supervision, 728th Military Police Battalion, 8th MP Brigade, 8th Theater Sustainment Command, also attended to share with students the ins and outs of being an MP in the U.S. Army.

"In the third quarter, we teach about service workers. which is why we wanted to include them," Woods said.

"Plus, actually sitting in the ambulance is exciting for (the students), and so is talking with the lifeguards and hearing the sirens from the police

The field trip began with the seven classes dividing into three

groups, which then rotated between activities throughout the morning.

For example, as one group toured an ambulance and learned about ocean safety, another group collected rubbish from the grassy park, while the third group walked to nearby Matsumoto's for a lesson on

served treat of shave ice!). "I know Mrs. Matsumoto, so we wanted to go to a business to see how to save money and spend money, which is anoth-

er one of our units," explained

economics (and for a well-de-

HPD officer Chad Hiwatashi helps students collect trash during

the EPIC field trip to Ali'i Beach Park, April 22.

'(The field trip) was a culmination of the community service workers (classroom portion), reduce, reuse and recycle ... plus, it's our last field trip of the year, so it's exciting for the kids," Woods continued. "And, this is so close to their

get out here, so it's a good way for them to get out of their own little enclave." "(The field trip) was fun because of the shave ice and lunch," Thomas said, with a

giggle. 'I learned that there's



Sgt. Thomas Calhoun, patrol supervision, 728th MP Bn., 8th MP Bde., 8th TSC, explains exactly what it is that MPs do to a group of Hale Kula Elementary School second-graders.

an oxygen tank under the seat in the ambulance," Elser added. "And I learned that the firemen and the police don't only do their jobs; they also help doctors, and they help other people," Thomas replied.

"I think they really got the message of the day," Masumoto said. "When I was picking up trash with my class, they were questioning, 'Why are people just throwing trash on the ground when there's a trash can right there?' I think they are getting the right idea."

According to Woods, plans have already been set for next year's field trip, which they all hope to be bigger and more EPIC than this inaugural event.

"I'm already thinking a year out," Woods said. "We've already scheduled the park for next Earth Day, and we're already thinking up ways to fundraise. Hopefully it doesn't rain next year!"



home, but some of them don't Second-graders see just how qucikly an HFD firefighter can suit up.

## Saturday's festival among remaining Earth Month events

U.S. Army Garrison-Hawaii is wrapping up its second annual Earth Month celebration with several more events.

What began as a single day evolved into a monthlong celebration with a wide variety of events for Soldiers and families to enjoy throughout the island of Oahu.



#### **Remaining Earth Month happenings:**

•April 27, 10 a.m.-2 p.m. Fort Shafter Flats Parade Field's Earth Day Festival hosted by the 9th Mission Support Command and 9th Theater Support Group's Environmental Division, 438-1600, ext. 3307.

•April 27, 8-10:30 a.m. U.S. Army Corps of Engineers is hosting a beach cleanup. Volunteers will meet at the Pacific Regional Visitor Center (438-2815) at Fort DeRussy near Waikiki.

•April 30, 8 a.m.-5 p.m. Kahanahaiki, Makua Military Reservation and Makaha Valley, Oahu. Volunteer service trips to clean out invasive weeds along a moderately challenging trail. Hike will include a detour to view Makua Valley and leeward coast. Minimum age 14. Call 656-7741.

•April 30, 8:30 a.m. - 5 p.m. Public volunteer trip to Kahanahaiki. Volunteers help control invasive weeds in the native forest at Kahanahaiki in Makua. Hike duration is two hours, round

trip. Call 656-7741. Additional information and sign-up sheets for various activities can be found at the USAG-HI DPW Environmental Division's Web page: www.garrison.hawaii.army.





#### Briefs

#### **Today**

Golf Scramble — Play in the US-ARPAC Pay Day scramble every last Friday of the month at FS Nagorski Golf Course. Call 438-9587 for details and registration or email Donald.k.birdseye.civ@mail.mil.

**Hawaiian Luau Lunch Buffet**  Enjoy delicious local style food every last Friday of the month at SB Kolekole Bar & Grill (655-4466) and at FS Mulligan's Bar & Grill (438-1974).

NFL Draft — Watch big screen TV as this year's top college prospects are chosen for the NFL, April 26-27, at the Tropics Warrior Zone. Call 655-5698.

Country Night — Tropics Warrior Zone, beginning at 9 p.m., offers country music and fun, including mechanical bull riding. Open to 18 and over. Call 655-5698.

#### 29 / Monday

Mongolian Barbecue — Dinner is served starting at 5 p.m., Mondays, at SB Kolekole Bar and Grill (655-4466) and Thursdays at FS Mulligan's Bar and Grill (438-1974). Cost is 65 cents per ounce.

#### May

#### 1 / Wednesday

HMR Learn to Swim — Registration is May 1-7 to enroll your keiki in summer swim lessons. May classes are from May 7-17. All children must be registered with CYSS prior to swim registration.

All classes consist of eight 30minute sessions, \$60 per student;



SCHOFIELD BARRACKS — The USO presents Toby Keith in concert, 7 p.m., May 4, at Weyand Field. The event is free and open to authorized Department of Defense ID cardholders. No outside food or beverage, glass containers, canopies or pets are permitted. Please allow 1-1.5 hours after the concert to exit the installation due to the

eight 45-minute classes are \$70. Call 653-0716.

Leisure Travel Services — Visit your LTS office for May specials on horseback riding, Sea Life Park and the Polynesian Cultural Center. Call 438-1985 (FS) or 655-9971 (SB).

New Drawing Classes — Learn basic cartoon drawing at the SB Arts and Crafts Center, with creativity and confidence, by taking the mystery out of drawings.

Wednesday sessions follow:

•Adult class, 10 a.m.-12 p.m., \$35.

•Teens class, 2-3 p.m., \$25.

**SCHOFIELD DIVE SHOP** 

All supplies included; preregistration required. Call 655-4202.

#### 2 / Thursday

Clay Hand Building Workshop — Learn to work with clay from the experts at the SB Arts and Crafts Center. Initial session is \$25, additional sessions are \$5. Call 655-4202 for preregistration.

Tropics Poker Tournament — Texas Hold'em poker, 6 p.m., at Tropics Warrior Zone, SB, every Thursday. The free weekly tournament is open to all ID cardholders, 18 and older. Call 655-5698.

#### 3 / Friday

Cinco De Mayo — Celebrate, from 6-10 p.m. with DJ D Rek at Tropics Warrior Zone. Event is for 18 and older. Call 655-5698.

Friday Night Fever — Enjoy a \$5 special for Cosmic Bowling at Wheeler Bowling Center at WAAF. Includes three games and one shoe rental, 5-10 p.m. Call 656-1745.

#### 4 / Saturday

Ladies Golf Clinic — Ladies receive a free 30-minute golf lesson from PGA professionals at Leilehua Golf Course. By appointment only, call 655-4653.

#### 6 / Monday

Sand Volleyball — Join weekly competition on Mondays; game starts at 6 p.m., SB Tropics Warrior Zone. Call 655-5698.

#### 8 / Wednesday

**Water Safety Demonstrations** - Learn about water safety, 2-4:40 p.m., Bennett Youth Center, SB. Includes emergency rescue demonstrations from 2-4:40 p.m. Call 655-9653.

#### 12 / Sunday

Mother's Day Brunch - Nehelani and Hale Ikena celebrate moms at this annual brunch. Reservations highly suggested. Call 438-1974 for Hale Ikena (FS) or 655-4466 for the Nehelani (SB).

Military discount of 10 percent for active duty and 20 percent for E1-E9.

Mother's Day Bowling -Schofield and Fort Shafter bowling centers offer free bowling for mothers if you bring receipts from the Mother's Day Brunch from the Nehelani or Hale Ikena. Call 655-0573 or 438-9521.

#### **Ongoing**

Richardson Pool Closure — SB's Richardson Pool is closed until July. For patron convenience, restrooms and showers are open from 6-9 a.m., during PT, Mondays-Fridays. All other operations are moved



anticipated number of attendees. Call 655-0115.

to Helemano swimming pool.

## community Calendar

Send announcements a week prior to publication to community@ hawaiiarmyweekly.com.

#### Today

Career Fair — Army Community Service will host a military spouse career forum as part of the career fair, 11:30 a.m.-2 p.m., April 26, SB Nehelani. Call the ACS Employment Readiness Program, 655-4489.

**AMR Lane Closure** — Portions of Aliamanu Drive between Okamura Road and west of Ama Drive, and the intersection of Skyview Loop and Bunker Access Road, will be partially closed, 7 a.m.-4 p.m., through today, April 26, for installation of a new eight-inch waterline. Project manager is Tammy Luke, 835-4078.

#### 27 / Saturday

FS Earth Day Festival — Annual FS festival runs 10 a.m.-2 p.m., Fort Shafter Flats. Features interactive exhibits and live entertainment. Visit www.IslandPalmCommunities.com/ EarthDay2013.

Prescription Turn-in — An SB collection center will be open, 10 a.m.-2 p.m., Saturday, April 27, as part of the National Prescription Take-Back Day, at the SB PX. The turn-in area, inside near the flower shop, will accept unused and expired prescription medications, as part of the national awareness day program.

Collection points are also scheduled for the Pearl Harbor Navy Exchange (main lobby) and the Marine Corps Exchange (in front of the MCX), Kaneohe Bay.

#### May

#### 1 / Wednesday

**Combined Military Band** Concert — The Hale Koa Hotel will

SCHOFIELD BARRACKS — The new Family and Morale, Welfare and Recreation Outdoor Recreation building now also features a dive shop designed to offer dive equipment, daily boat dives, scuba certification, and snorkeling and full scuba rentals. The new ODR location, 435 Ulrich Way, features on post dive courses. The new dive facility is operated by Island Divers. (Photo by Jack Wiers, U.S. Army Garrison-Hawaii Public Affairs)

host a free concert, with 6:30 p.m. seating, 7 p.m. concert time, May 1, at the Luau Gardens in celebration of Military Appreciation Month. Contact navyleague @hawaii.rr.com or call 422-9404.

#### 5 / Sunday

Marine Triathlon — Join the Marines and Sailors, 6:30 a.m., May 5, at Marine Corps Base Hawaii for

the Sprint Triathlon. The race is open to the public. Information and registration at www.mccs hawaii.com/races.

Arthritis Walk — Arthritis Foundation's annual nationwide signature event will be held at Kakaako Waterfront Park, May 5, and raises funds and awareness to find a cure for the nation's leading cause of disability. Visit www.HIarthritis Walk.org.

#### 11 / Saturday

Pacific Aviation Museum —

See the instruments of a World War II fighter or modern-day jet fighter at Open Cockpit Day, 9 a.m.-5 p.m., May 11, at Pacific Aviation Museum, Pearl Harbor, in Hangar 79. Free with paid museum admission and free for museum members.

Parental supervision required for keiki ages 10 and younger. Call 441-1007 or visit www.PacificAviation Museum.org.

#### **Ongoing**

WAAF Lane Closure — One lane of Lauhala Road will be closed, 8 a.m.-4:30 p.m., through May 1, for installation of underground electrical conduit, waterline and asphalt restoration for the Combat Aviation Brigade Infrastructure.

Two-way traffic will be restored after work hours. DPW project manager is Bill Fitzgerald, 656-2420.

Hawaii Jr. Prep Football — The Schofield Football Association is conducting registration every Friday-Sunday at the Schofield PX for grades 4-8. Registration fees include all equipment. Call 253-230-6590 or write Schofield.Patriots@yahoo.com.

Free Study Programs — In alliance with the Department of Defense, eKnowledge is donating \$200 SAT and ACT training programs to military families worldwide.

Students select the training they need. Call (951) 256-4076.



Hiking Club — The Hawaiian Trail and Mountain Club leads weekly hikes around various Oahu locations. For

membership information, visit htmclub.org.

Food for Families — ASYMCA at WAAF has an emergency food locker to assist families, open 8 a.m.-2 p.m., Monday-Friday. Call 624-5645.

#### Calendar abbreviations

8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation

ASYMCA: Armed Services YMCA BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company

CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Program FMWR: Family and Morale, Welfare and FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center

SB: Schofield Barracks

Recreation

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center

USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific

WAAF: Wheeler Army Airfield

## worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates

AMR: Aliamanu Chapel Fort DeRussy Chapel Helemano Chapel HMR: MPC: Main Post Chapel, Schofield Barracks Aloha Jewish Chapel, PH:

and Support Staff" menu.)

Pearl Harbor Soldiers' Chapel, Schofield Barracks TAMC: Tripler Army

Medical Center Chapel WAAF: Wheeler Army Airfield Chapel

#### **Buddhist Services** •First Sunday, 1 p.m. at FD

•Fourth Sunday, 1 p.m. at MPC

#### **Catholic Mass**

- •Thursday, 9 a.m. at AMR •Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
  - 8:30 a.m. at AMR -10:30 a.m. at MPC Annex
  - -10:45 a.m. at WAAF (Spanish language)
- -11 a.m. at TAMC •Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

#### **Gospel Worship** •Sunday, noon, at MPC

•Sunday, 12:30 p.m. at AMR

#### **Islamic Prayers and Study** •Friday, 1 p.m. at MPC Annex •Friday, 2:30 p.m., TAMC

•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

#### Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

Pagan (Wicca) •Friday, 7 p.m. at MPC Annex Room 232

#### **Protestant Worship**

- Sunday Services -8:45 a.m. at MPC -9 a.m., at FD, WAAF and
- TAMC chapels •Lutheran/Episcopalian
- -10 a.m. at HMR -10:30 a.m. at AMR
- Contemporary Service -11 a.m. at Soldiers Chapel

## This Week at the Sgt. Smith Theater

Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.



#### Admission

(PG-13) Fri., April 26, 7 p.m. Thurs., May 2, 6 p.m.

#### The Incredible Burt Wonderstone

(PG-13) Sat., April 27, 2 p.m. Sun., April 28, 2 p.m.



21 & Over Sat., April 27, 6 p.m. Wed., May 1, 7 p.m.

No shows on Mondays or Tuesdays.

## May Day embraced as 'Lei Day' with island accents

A global tradition features island-style floral fashion



It is often the first gesture of aloha newcomers to the islands encounter: the lei greeting.

Every year the state celebrates this gesture of welcome and aloha on May 1st, a day celebrated across the world in celebration of spring, but known in Hawai'i as Lei Day.

The tradition of the lei exists throughout Polynesia.

Pacific Islanders have used different techniques to create lei from native plants and flowers for thousands of years. One can travel extensively throughout the Pacific and find indigenous people crafting garlands to wear.

The lei (both the singular and plural version of the word) is known as "hei" in Tahiti and "ei" in the Cook Islands.



Lei Day celebrations often include pau riders and horses, both adorned with intricate lei.

#### Lei Day Activities

Visit free lei making workshops and activities prior to May 1st:

•City of Honolulu at www.honolulu.gov /parks/programs/leiday/ final2013lei makingworkshoplisting.pdf

•Celebration schedule at https://www1.honolulu.gov/parks/ programs/leiday/program86thannual leidaycelebrationpdf.pdf

The island cultures also share crafting techniques. Common lei making techniques are haku (braiding), wili (twisting or coiling), hilo (a twisting technique to make a rope lei) and kui (lei made with needles by piercing flowers or shells).

Lei are usually a sign of kindness and affection. Hawaiian cowboys, known as paniolo, were known to make beautiful, fragrant lei as they returned from their long work shifts on mountain ranches or farms. The paniolo were known to haku mele, to write Hawaiian songs about the objectives of their affective, often comparing the women to beautiful flowers or lei.

Today, the lei remains an internationally recognized symbol of Hawai'i and the Hawaiian culture.

The "Lei Day" tradition began in 1928 after local writer Don Blanding publicly suggested the formation of a formal state holiday that celebrated the island custom. Now, 85 years later, the holiday continues to be celebrated across the islands with festivals, lei making contests and May Day pageants held in schools across Hawai'i.

On the island of Oʻahu, an annual Lei Day Celebration is held every May 1st, regardless of the day of the week. The celebration includes both a Lei Contest and a Lei Queen Contest. Per contest rules, "The lei queen must be knowledgeable in the art of lei making, hula and be able to convey the spirit of aloha with warmth and dignity."

The Lei Queen presides over the celebration, which includes the Lei Contest.

May 1st marks the opening of a busy season for lei makers. As lei are custom at important occasions, impromptu lei stands pop up as roadsides and outside schools as the community celebrates Mother's Day, graduations and other important spring and summer events.

Some of the finest displays of lei making expertise occur the first week of June, when the King Kamehameha celebration takes places.



HONOLULU — Lei can range from a simple strand of plumeria to more complex, intricately braided haku lei, such as the one seen here. (Photos courtesy Hawaii Tourism Authority)

The celebration includes the creation of many 26-feet lei, which are draped over the famed Kamehameha Statute that stands across from 'Iolani Palace in front of the State Supreme Court building during a formal ceremony on Friday, June 8th.

The lei are considered ho'okupu, or traditional offerings, made in remembrance of the king.

The King Celebration Parade, which takes

place this year on June 9th, is also an extraordinary display of lei making skills. The parade is known for its pa'u riders, traditional Hawaiian groups elaborately dressed in historic costumes and riding horseback, who adom themselves and their horses in thick, beautiful lei.

While May Day may have begun as a celebration of spring, in Hawai'i, it is a celebration of all the things that make the islands such a unique and beautiful place to live.



Colorful flower lei, such as sea grape with mock orange leaves, yellow plumeria, tuberose with carnation, orchid, cigar and Lehua mau loa (aka bozu), can be found in abundance at Lei Day festivals in Hawai'i.

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## 9th MSC reads to students

Story and photo by
SGT. ELIZABETH COLE
305th Mobile Public Affairs Detachment,
9th Mission Support Command

FORT SHAFTER — While service members have been repeatedly called upon to serve in foreign locations, oftentimes forgotten to the general public are the little ones these heroes leave behind.

In celebration of the "Month of the Military Child," Army Reserve Soldiers of the 9th Mission Support Command took time out of their busy schedules to honor those little heroes who stand proudly and wait for their parent or parents to rejoin them at home.

Throughout the week of April 15-19, Pacific Army Reserve Soldiers, joined by service members from the Coast Guard, Air Force, Hawaii Army National Guard and active duty Army, read to nearly 2,500 children in more than 120 classrooms around Oahu and in Guam in support of the "Recognizing Military Children through Reading" initiative.

Volunteers were invited to travel to various schools across the islands and read to elementary school-aged children.

"Our goal is to highlight the importance of reading amongst children, while focusing on the unique lifestyle of a military child," said Rivera.

The unique lifestyle of these children is just what drove most of these service members to volunteer. Sgt. Kiana Vincent, chaplain assistant for the 9th MSC's 124th Chaplain Detachment, said she was very touched by the reaction she had in the classroom.

"Everyone sees how hard it is on the Soldiers who deploy, but it's especially hard for the kids who have to go a year or more without seeing their parent," said Vincent. "I really wanted these kids to know they're just as much of a hero as their mom or dad."

Vincent visited schools throughout the week reading the book "I'm a Hero Too," which tells the story of a little boy coping and thriving while his dad is away on deployment.

"I chose this book because it not only helps the kids to understand they aren't alone and that there are others who feel the same way, but it also gives some great ideas for how they can keep in touch with their parent," Vincent said.

During her reading, Vincent engaged the chil-



KAILUA — Sgt. Kiana Vincent, chaplain assistant,124th Chaplain Detachment, 9th MSC, reads to a first-grade classroom at Kainalu Elementary School, April 19. Vincent assisted the "Recognizing Military Children through Reading" initiative to help keiki to cope with their parent's deployment.

dren by asking if any of them had parents currently deployed or who will deploy soon. Little hands popped up all over with children eager to tell their stories.

One little girl's story in particular stood out in Vincent's mind.

"You could really see the hurt in this little girl's eyes as she said her dad is getting ready to deploy. It really opened my eyes to what these children go through and made me feel proud to be able to help them in some small way," said

As Vincent finished reading the book in her last classroom for the week, she asked the children why they thought they were heroes.

With the remnants of tears still in her blue eyes and a smile on her face, the blonde-haired, first-grader answered, "because we have to be strong and wait for them to come home."

# Military Youth of the Year awarded to Schofield teen

SGT. DANIEL SCHROEDER

25th Combat Aviation Brigade Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Children of service members often encounter many challenges as a result of the military lifestyle.

One teen that suddenly was thrust into this lifestyle, not only overcame her challenges, but also found a way to flourish in them.

Katelyn Brown received the 2013 Boys and Girls Clubs of America's Hawaii Military Youth of the Year at the State Capital in Honolulu, March 19.

Brown was awarded a \$3,000 college scholarship for being the Military Youth of the Year. Along with the scholarship, she was presented with a plaque from the Hawaii Senate and House of Representatives; honored by Hawaii Governor Neal Abercrombie; and received a letter from Hawaii Supreme Court Chief Justice.

"I felt very honored and proud to receive this award," said Brown, a 17-yearold volunteer and a native of Robins, N.C.

Brown will compete in the BGCA Military Youth of the Year Regional Competition, July 15-18, in Huntington Beach,

"Taking this honor as Hawaii's Military Youth of the Year is one that I will cherish and will represent in Army Hawaii with great dignity and grace," said Brown.

Brown lived in a small town of approximately 1,000 people for more than 10 years. Her way of life was turned upside down when her mother, Steffanie, a Family and Morale, Welfare and Recreation employee, married Staff Sgt. Brian Walter, Headquarters and Headquarters Company, 2nd Battalion, 25th Aviation Regiment, 25th Combat Avn. Brigade, 25th Infantry Division.

"I did not know what to expect of what was to come with moving to Hawaii," Brown explained. In an attempt to get involved with her peers, Brown visited the Schofield Barracks Teen Center. As she walked through the door, the feeling of being home cascaded over her. The Teen Center enabled Brown to meet new teens, learn new things and participate in volunteer work.

She was selected to be on the Pacific Teen Panel and attend the Army's Youth Leadership Forum Camp on the Big Island of Hawaii. The event brings military teens from Korea, Japan, Kwajalein, Alaska and Hawaii together.



HONOLULU — Hawaii Gov. Neil Abercrombie congratulates Katelyn Brown, the 2013 Boys and Girls Clubs of America's Hawaii Military Youth of the Year, after a ceremony at the State Capitol, here, recently. (Photo courtesy Child Youth and School Services, FMWR)

Brown is also a part of the Hired Program that allows her to assist in the Teen Center office and aid the staff with clubs and activities.

"One of my most memorable moments was the toy give-away," recalled Brown. "We gave away more than 2,000 toys to military children for Christmas."

(Editor's note: Read the full story at www.HawaiiArmyWeekly.com.)

SPORTS HAWAII ARMY WEEKLY

## Bronco Brigade home to All Army Boxing champion

STAFF SGT. CASHMERE JEFFERSON 3rd Brigade Combat Team Public Affairs 25th Infantry Division

SCHOFIELD BARRACKS — In the last seconds of the 2012 Armed Forces Boxing Championships' super heavyweight bout, Staff Sgt. Marvin Carey, a military policeman, Headquarters and Headquarters Battalion, 3rd Brigade Special Troops Battalion, 3rd Brigade Combat Team, 25th Infantry Division, gave the Marine Corps its first gold medal win in that tournament in 21 years.

Carey has been on the road toward redemption ever since.

Carey won the prestigious 2013 All Army Heavyweight Boxing Championship, recently, and with it, a chance to compete against the best in the nation at the USA Boxing Championships in Spokane, Wash., this month.

He placed third in the country during the 2012 Armed Forces competition, taking home the bronze in the 201 pound men's senior division, but Carey was not satisfied.

"I should've got first," said Carey.

Dressed in black and yellow All Army Boxing attire on his day off, Carey said he only began boxing three years ago, while stationed at Fort Hood, Texas. When asked about his boxing career, he said he was told that he was "built to play contact sports," so he decided to try it out.

As a squad leader in charge of 12 Soldiers, Carey said his workday ends at 9 p.m. When he wraps up his military workload and professional training, he gives boxing classes to his unit and teaches intense strength training.

The boxing music lover added that just as he pushes his Soldiers each day to give their best and reflect on their performance at work, he takes time out to do the same. He said he thinks about that loss at the Armed Forces Boxing Championships all the time.

"I train harder than anyone I know; I think about things I did right or wrong," said Carey. "I will never quit because I will come back for that gold medal."

Sgt. Timothy Marino, an MP assigned to HH Company, 3rd BSTB, and a longtime friend of Carey said, "He's an animal. He's very motivational and is in great shape. I even tried to work out with him once, but I couldn't hang."

Marino added, "He's a



FORT HUACHUCA, Ariz. — Staff Sgt. Marvin Carey (in red), a military policeman assigned to HHC, 3rd BSTB, 3rd BCT, 25th ID, boxes Spc. C. Hernandez-Gonzalez, from Fort Campbell, Ky., here, recently, during the All Army Boxing Championships. The fight was stopped in the third round at 2 minutes and 45 seconds, where judges declared Carey the winner. The Chicago native qualified, with the win, to compete at the USA Boxing Championships in Spokane, Wash., where he was beaten in his quarterfinal bout recently. (Photo by Fort Huachuca Public Affairs Office)

good strong leader who upholds all the Army Values and makes himself available to all Soldiers even while he's training, but as a boxer, he competes with guys way younger than him and watches boxers on TV. ... He's a technical fighter. Those are the ones you should be afraid of."

Carey is a family-oriented Soldier, who thinks about the example he is setting for his

younger brother Richard and also the teachings of his mother Lajuana, who said, "Don't come back with a black eye, or I'll black the other one."

Before each fight, Carey said he watches the video, "How Bad Do You Want It," by Eric Thomas. He keeps a clear head, focuses on doing what he knows, gets his game plan together, keeps his mother's words close to his heart,

keeps his eyes closed and stays humble.

"To be successful, you have to want it as bad as you want to breathe," Carey said. "That's how bad I want it. I want that gold medal like I need air."

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When asked what he will do after his plan to avenge his loss at the Armed Forces tournament, Carey said, "I'll move on to All Army Basketball."

## **Drunk driving puts** lives in danger

JESSICA RAWLINGS

U.S. Army Public Health Command

Drunk driving kills. On average, someone dies as a result of drunk driving every 53 minutes, and someone is injured as a result of drunk driving every 90 seconds.

According to the National Safety Council, at any given moment, one in 50 drivers is not just impaired but legally intoxicated. This number jumps to one in 10 on the weekends.

In 2012, there were nearly 300,000 incidents of drinking and driving each day.

Drunk driving costs the U.S. an estimated \$132 billion per year, and costs each adult in the U.S. almost \$500 per year in increased taxes due to the higher law enforcement demand.

In an effort to draw attention to this national tragedy, the National Safety Council designated April as "Alcohol Awareness Prevention Month."

Alcohol is a depressant that slows down the brain and body. The first abilities that are altered are judgment and coordination. An impaired driver cannot recognize a dangerous situation and react quickly enough to avoid an accident. Unfortunately, because judgment is impaired, impaired drivers do not often realize they have had too much.

Heavy alcohol consumption is a problem nationally and in the military. The Institute of Medicine recently reported the use of alcohol has spiked since the wars in Iraq and Afghanistan began. Nearly half of active duty military personnel report being binge drinkers.

Binge drinking is having five or more drinks on a single occasion at least once in the past 30 days. One drink is equal to 5 ounces of wine, 1.5 oz of 80-proof distilled spirits or 12 ounces of regular beer.

Unfortunately, 20 percent of the population still admits to drinking and driving.

#### **Preventing Drunk Driving**

Drunk driving can be prevented in these ways:

1) Appoint a designated driver who sticks to nonalcoholic beverages. If a designated driver slips or cannot be decided on, call a taxi and keep a taxi company telephone number in

2) If you are throwing a party, offer nonalcoholic drinks, arrange for a cab for someone who has had too much to drink and do not be afraid to take someone's car keys. You may save someone's life.

3) Even if you have not been drinking, there are ways to protect yourself on the road by knowing what to look for. According to law enforcement officials, there are several signs of drunk driving: wide turns, weaving, swerving, drifting, driving on the wrong side of the road, driving at a very slow rate or stopping without reason are just a few.

If you encounter someone on the road who is driving under the influence, keep a safe distance and call 9-1-1.



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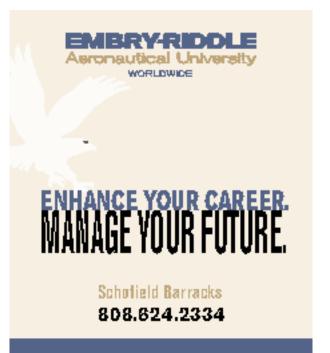
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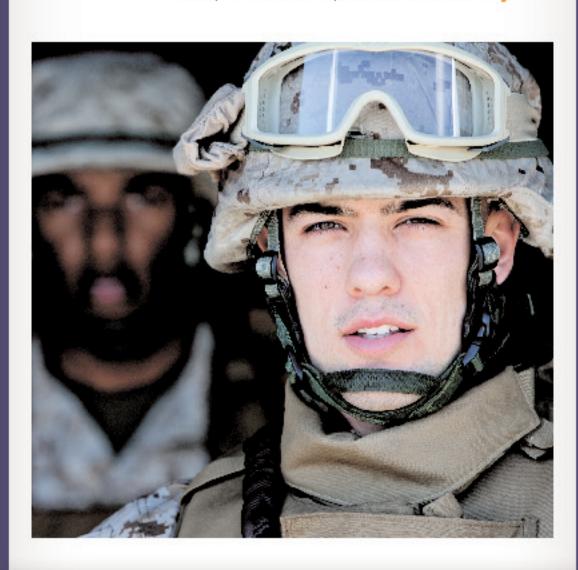


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